

Caregiver Bibliography

BOOKS – (alphabetical by author)

Barg, Gary. (2003) **The Fearless Caregiver: How to Get the Best Care for Your Loved One and Still Have a Life of Your Own.** Capital Cares

Beerman, Susan and Rappaport-Musson, Judith. (2002) **Eldercare 911: The Caregiver's Complete Handbook for Making Decisions.** Prometheus Books.

Casey, Nell. (2007) **Uncertain Inheritance, An – Writers on Caring for Family.** William Morrow.

Capossela, Cappy and Warnock, Sheila. (1995) **Share the Care: How to Organize a Group to Care for Someone Who Is Seriously Ill.** Simon and Schuster Adult Publishing Group.

Carter, Rosalynn. (1994) **Helping Yourself Help Others: The Caregiver's Handbook.** New York: Times Books.

Carter, Rosalynn. (1998) **Helping Someone with Mental Illness: a Compassionate Guide for Families, Friends and Caregivers.** Crown Publishing.

Fitchett, George. (2002) **Assessing Spiritual Needs: A Guide for Caregivers**

Grollman, Earl A. and Kosik, Kenneth S. (1997) **When Someone You Love Has Alzheimer's: The Caregiver's Journey.** Beacon Press

Grollman, Earl A. (1995) **Caring and Coping When Your Loved One is Seriously Ill.** Beacon Press.

Grote, William J and Genie Runyon (Ed.). (2002) **Helping Your Aging Parent: A Step-by-Step Guide.** Boomer Books.

Guntzelman, Joan. (2003) **124 Prayers for Caregivers.** Liguori Publications.

Gwyther, Lisa P. (1995) **You Are One of Us: Successful Clergy/Church Connections to Alzheimer's Families.** Durham, N.C: Duke Family Support Program.

Hutchison, Joyce and Rupp, Joyce. (1999) **May I Walk You Home?: Courage and Comfort for Caregivers of the Very Ill.** Ave Maria Press.

Kramer, Betty J. and Edward H. Thomson, J., (Ed) (2005) **Men as Caregivers.** Prometheus Books.

Lebow, Grace and Kane, Barbara Kane. (1999) **Coping With Your Difficult Older Parent: A Guide for Stressed-Out Children.** Avon.

Marriott, Hugh, (2007) **The Selfish Pig's Guide to Caring.** Little, Brown Book Group; New Ed edition

Mintz, Suzanne Geffen, (2002) **A Family Caregiver Speaks Out About the Choices and Challenges of Caregiving.** Capital Books

Mintz, Suzanne Geffen, (2007) **Love, Honor, & Value: A Family Caregiver Speaks Out About the Choices and Challenges of Caregiving.** Capital Books

Nouwen, Henri J. M., (1979) **The Wounded Healer – Ministry in Contemporary Society.** Image Books (Doubleday)

Strauss, Claudia J. (2002) **Talking to Alzheimer's: Simple Ways to Connect When You Visit with a Family Member or Friend.** Harbinger Publications

Mace, Nancy L. and Rabins, Peter V. (2001, rev.) **The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer Disease, Related Dementia Illnesses, and Memory Loss in Later Life.** Warner Books

McLeod, Beth Witrogen (Ed.); Condor, Bob, and Carter, Rosalynn (2002) **And Thou Shalt Honor: A Caregiver's Companion.** Rodale Press.

McLeod, Beth Witrogen. (2000) **Caregiving: The Spiritual Journey of Love, Loss and Renewal.** Wiley, John, and Sons, Inc.

McQuilkin, J. Robert. (1998) **A Promise Kept.** Tyndale House Publishers

Morgan, Richard L. (1994) **From Grim to Green Pastures: Meditations for the Sick and Their Caregivers** Upper Room Books.

Samples, Pat. (1999) **Daily Comforts for Caregivers.** Fairview Press.

Shanks, Lela Knox. (1999) **Your Name Is Hughes Hannibal Shanks: A Caregiver's Guide to Alzheimer's.** Viking Penguin.

This book list is based on the bibliography from:
[The North Carolina Family Caregiver Support Program](http://www.dhhs.state.nc.us/aging/fcargr/faithbio.htm)
Dedicated to Improving Services for Family Caregivers
<http://www.dhhs.state.nc.us/aging/fcargr/faithbio.htm>

If you know of any books you'd like to see added to the list, please send the information to: rekindlingtheflame@sbcglobal.net

ARTICLES – (alphabetical by title)

ART OF COMPASSIONATE COMMUNICATION FOR ELDER CAREGIVERS

By: Jill Sarah Moscovitz

http://www.caregiver911.com/articles/general/compassionate_communication.htm

A SILENT CRISIS: WORKING CAREGIVERS ARE BEGGING FOR HELP

By Gema G. Hernandez, D.P.A.

http://www.caregiver911.com/articles/caregiver/a_silent_crisis.htm

CAREGIVER BURNOUT

by Dr. M. Ross Seligson

http://www.caregiver911.com/articles/caregiver/caregiver_burnout.htm

CAREGIVER.COM – Article Index

<http://www.caregiver911.com/articles/index.htm>

CAREGIVER GUILT

By Dorothy Womack

http://www.caregiver911.com/articles/caregiver/caregiver_guilt.htm

CAREGIVER STRESS (ALZHEIMER'S)

<http://www.fullcirclecare.org/alzheimers/stress.htm>

THE FEARLESS CAREGIVER MANIFESTO

By Gary Barg

http://www.caregiver911.com/articles/caregiver/caregiver_manifesto.htm

THE LEGAL ISSUES BEHIND CAREGIVING

http://www.caregiver911.com/articles/caregiver/legal_issues.htm

If you come across any articles you think are valuable, please send the notation for the article(s) to: rekindlingtheflame@sbcglobal.net

Caregiver Merchandise

“I Am A Fearless Caregiver – Don’t Mess With Me” T-shirts

https://store.caregiver.com/merchant.mvc?Screen=PROD&StoreCode=CS&Product_Code=TSHIRT